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Patient History and General Intake Form

Patient's Name: _____ Today's Date: _____

Date of Birth: _____ Age: _____

Gender: _____ Preferred Pronouns (e.g., he, she, they): _____

Address: _____

Home Phone: _____ Office/Cell Phone: _____

Email is not considered secure enough for private health information but may be used for scheduling. If you'd like to use email to schedule appointments, please provide the best email address for you here: _____

Ethnicity: _____ Primary Language: _____

Secondary Language: _____

Handedness: R ___ L ___ Both ___ Years of schooling: _____

Who knows you well and is involved? (spouse, parent, child, other?)

Name: _____ Relationship: _____

Telephone number: (_____) _____

Referring physician: _____ Phone: (_____) _____ - _____

What would you like to learn from this evaluation? _____

Current diagnoses _____

Briefly describe the problems you have observed. _____

How long has this been going on? _____

Has it progressed slowly or suddenly? (circle one)

List all current medical conditions: _____

Current Medication List (include vitamins, supplements, herbs):

Name of medication Dosage Frequency prescribing MD what is it for?

Use of medical or recreational marijuana? Yes _____ No _____

MRI date _____ MRI Results _____

EEG date _____ EEG Results _____

Any other tests? Labs results? _____

Please ask your doctor to fax us any MRI reports, lab results, and/or clinical summaries of your condition to FAX: 415-627-9108. (Date requested _____)

Any difficulties with any of the following?

	None	Mild	Moderate	Severe	Remarks
Vision*					When evaluated:
Hearing*					When evaluated:
Smell/Taste					
Speech					
Dental					
Legs					
Arms					
Coordination					Falls?
Walking					
Sex					
Incontinence					

**** please bring any glasses or hearing aids to all appointments***

Any difficulties with any of the following?

	None	Mild	Moderate	Severe	How long has this been so?
Appetite					Weight loss/gain? Sweets?
Attention/Focus					
Language					
Memory					
Judgment					
Pain					Where?
Mood					

Any odd or problem behaviors? (Describe). Hallucinations? Delusions?
 Misperceptions? Personality changes? Other?

Any change in social skills? _____

Sleep: How many hours do you sleep per night on average? _____

Is this a change from a few years ago? _____

What time do you typically get to bed? _____ Fall asleep? _____

Do you typically wake up in the middle of the night? _____

If so, how often or for how long? _____

What time do you typically wake up and get up in the morning? _____

Naps? _____ Time of day: _____ How long? _____

Nightmares? _____ Do you wake up feeling refreshed? _____ Do you snore? _____

Restless or painful legs at night? _____ Acting out your dreams? _____

Describe any difficulties with important responsibilities (cooking, paying bills, shopping, pill taking, making and keeping appointments, hobbies, organizations, etc.)

Have there been any difficulties with driving? ____ (Describe accidents, tickets, getting lost, forgetting where you parked the car, etc.)

Who manages the finances? _____ Since when?

Is there a DPOA (Durable Power of Attorney)? _____ Who is it?

Describe any other changes you have noticed recently in your functioning.

Please describe your adult medical history including any major illnesses, surgeries, hospitalizations, seizure activity, blows to the head, loss of consciousness, etc.:

Do you have: Hypertension? _____ High cholesterol? _____ Anemia? _____
Thyroid disease? _____ Diabetes? _____ Vitamin deficiency? _____ Headaches? _____
Dizziness? _____ Constipation? _____ Stooped posture? _____ Staring spells? _____

Have you ever had: A stroke? Seizure? Loss of consciousness? Heart attack?

Please describe any use of drugs or tobacco. (When started, ended, how much, etc.).

How much alcohol do you drink these days?

C Have you ever felt you should *cut down* on your drinking?

A Have people *annoyed* you by criticizing your drinking?

G Have you ever felt bad or *guilty* about your drinking?

E *Eye opener*: Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a hangover?

Have you ever been under the care of a psychiatrist, psychologist, or counselor? _____

If so, please describe what for: _____

Who treated you? _____

For how long? _____ Did it help? _____

Please describe your concerns or provide any additional information that you feel is relevant.

FAMILY HISTORY

Birthplace: _____ If not Bay Area, when did you move here? _____

Who lives in the home? _____

If you are currently in a relationship, please provide the following information:

Partner's Name: _____

Partner's Occupation: _____

Relationship status (e.g., partnered, married)? _____

Length of relationship: _____

Number of previous marriages: _____

Mother's Education: _____ Occupation? (even if retired) _____

Father's Education: _____ Occupation? (even if retired) _____

Siblings (names & ages, occupations): _____

Children (names & ages, occupations): _____

What languages are spoken in the home; which one is the primary language? _____

Does anyone in the family (parents, siblings, cousins, etc) have any concerns similar to yours?
If so, please describe:

What are the major medical conditions that run in the family? (Who?)

If your parents or siblings have passed away, what from?

Any family history of any neurological disease (epilepsy, memory disorder, etc)? (Who?)

Any family history of psychiatric disease (depression, anxiety, schizophrenia, etc)? (Who?)

Any family history of developmental disorder (intellectual disability, dyslexia, learning disabilities, etc.)? (Who?)

DEVELOPMENTAL HISTORY

Were you born (circle): on time premature How many weeks early? _____

How much did you weigh at birth? _____ Any complications at birth? _____

Are you aware of any developmental delays (e.g., walking, talking)?

If so, describe:

Please describe your childhood medical history including any major illnesses, surgeries, hospitalizations, seizure activity, blows to the head, loss of consciousness, etc.:

EDUCATION AND WORK HISTORY

When did you start school? Age _____ Grade _____ Where? _____

Highest level of education _____ Degrees and subjects _____

Were there any problems learning in school? _____ If yes, describe:

Did you receive speech therapy in school? _____ If yes, what ages? _____

Did you receive any special education or other pull-out services in school? _____

What ages? _____

Describe:

Were there any problems with behavior in school? _____ If yes, describe:

Describe your **academic skills** (e.g., grades, strengths/weaknesses). Best subject? Worst subject?

Please comment on your reading and writing ability. Has there been a change from previous years?

Any legal problems as a youth? _____ If yes, describe:

What kind of work do/did you do? _____ Where do you work? _____

How is your performance at work? _____

If retired, when did you retire? _____ And why? _____

Did you ever have a job with exposure to heavy metals? (lead paint, pesticides)?

Describe any **services** you receive:

How often per week?

PSYCHOSOCIAL HISTORY

Describe your **temperament/personality** (e.g., how you handle frustration)

How do you spend your days usually?

How do you spend your free time?

What do you enjoy doing? Hobbies/ past times?

How many days/week do you leave your home? How long?

Any legal problems as an adult? _____ If yes, describe:

Are there any legal concerns? Lawyer's name: _____

Telephone: _____

History of arrests?

What is your greatest stressor?

Any other concerns?

What are you most grateful for?

INSURANCE

Primary Insurance _____ Number _____

Secondary Insurance _____ Number _____

I understand that I am responsible for ensuring that my insurance is active at the time of the evaluation and that, even if my insurance pre-authorizes the evaluation, it may not be covered. In such cases, payment for the evaluation is my full responsibility.

Signature _____